

2. INT. 24h IRON MASTER

17.12./18.12.2022

Fortsetzung Bewerb 102 - 200m Lagen Herren Masters

Altersklasse 50

2. Nagl, Norbert 1968 AUT SC Hakoah Wien 02:56,82 +02.88 765
 RT +0.94 50m: 00:40,40, 100m: 01:25,67 (00:45,27), 150m: 02:17,33 (00:51,66), 200m: 02:56,82 (00:39,49)

Fortsetzung Bewerb 104 - 50m Rücken Herren Masters

Altersklasse 50

2. Nagl, Norbert 1968 AUT SC Hakoah Wien 00:40,88 +00.34 692
 RT +0.79 50m: 00:40,88

Fortsetzung Bewerb 106 - 200m Brust Herren Masters

Altersklasse 50

1. Nagl, Norbert 1968 AUT SC Hakoah Wien 03:18,21 769
 RT +0.93 50m: 00:44,78, 100m: 01:35,17 (00:50,39), 150m: 02:26,38 (00:51,21), 200m: 03:18,21 (00:51,83)

Fortsetzung Bewerb 108 - 100m Schmetterling Herren Masters

Altersklasse 50

2. Nagl, Norbert 1968 AUT SC Hakoah Wien 01:28,08 +07.80 672
 RT +0.92 50m: 00:41,23, 100m: 01:28,08 (00:46,85)

Fortsetzung Bewerb 110 - 50m Brust Herren Masters

Altersklasse 50

1. Nagl, Norbert 1968 AUT SC Hakoah Wien 00:43,62 702
 RT +0.91 50m: 00:43,62

Fortsetzung Bewerb 112 - 200m Freistil Herren Masters

Altersklasse 50

2. Nagl, Norbert 1968 AUT SC Hakoah Wien 02:31,31 +04.28 793
 RT +0.92 50m: 00:36,16, 100m: 01:14,50 (00:38,34), 150m: 01:53,04 (00:38,54), 200m: 02:31,31 (00:38,27)

Fortsetzung Bewerb 114 - 50m Freistil Herren Masters

Altersklasse 50

2. Nagl, Norbert 1968 AUT SC Hakoah Wien 00:33,45 +01.52 733
 RT +0.92 50m: 00:33,45

Fortsetzung Bewerb 116 - 200m Rücken Herren Masters

Altersklasse 50

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|---|------|-----|----------------|----------|-----|
| 1. Nagl, Norbert | 1968 | AUT | SC Hakoah Wien | 02:58,50 | 755 |
| RT +0.78 50m: 00:42,69, 100m: 01:27,77 (00:45,08), 150m: 02:13,34 (00:45,57), 200m: 02:58,50 (00:45,16) | | | | | |

Fortsetzung Bewerb 118 - 800m Freistil Herren Masters

Altersklasse 50

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|---|------|-----|----------------|----------|--------|-----|
| 2. Nagl, Norbert | 1968 | AUT | SC Hakoah Wien | 10:54,38 | +00.81 | 827 |
| RT +0.94 50m: 00:38,32, 100m: 01:19,01 (00:40,69), 150m: 01:59,43 (00:40,42), 200m: 02:39,88 (00:40,45) 250m: 03:20,84 (00:40,96), 300m: 04:01,86 (00:41,02), 350m: 04:42,97 (00:41,11), 400m: 05:24,52 (00:41,55) 450m: 06:05,95 (00:41,43), 500m: 06:47,47 (00:41,52), 550m: 07:28,99 (00:41,52), 600m: 08:10,65 (00:41,66) 650m: 08:52,07 (00:41,42), 700m: 09:33,77 (00:41,70), 750m: 10:15,11 (00:41,34), 800m: 10:54,38 (00:39,27) | | | | | | |

--- 2. Abschnitt ---

Fortsetzung Bewerb 120 - 400m Lagen Herren Masters

Altersklasse 50

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|---|------|-----|----------------|----------|-----|
| 1. Nagl, Norbert | 1968 | AUT | SC Hakoah Wien | 06:11,48 | 786 |
| RT +0.93 50m: 00:42,05, 100m: 01:29,95 (00:47,90), 150m: 02:17,72 (00:47,77), 200m: 03:03,96 (00:46,24) 250m: 03:56,78 (00:52,82), 300m: 04:50,10 (00:53,32), 350m: 05:31,33 (00:41,23), 400m: 06:11,48 (00:40,15) | | | | | |

Fortsetzung Bewerb 122 - 100m Brust Herren Masters

Altersklasse 50

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|---|------|-----|----------------|----------|-----|
| 1. Nagl, Norbert | 1968 | AUT | SC Hakoah Wien | 01:34,51 | 727 |
| RT +0.91 50m: 00:44,78, 100m: 01:34,51 (00:49,73) | | | | | |

Fortsetzung Bewerb 124 - 100m Freistil Herren Masters

Altersklasse 50

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|---|------|-----|----------------|----------|--------|-----|
| 2. Nagl, Norbert | 1968 | AUT | SC Hakoah Wien | 01:12,24 | +01.17 | 754 |
| RT +0.84 50m: 00:35,05, 100m: 01:12,24 (00:37,19) | | | | | | |

Fortsetzung Bewerb 126 - 200m Schmetterling Herren Masters

Altersklasse 50

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|---|------|-----|----------------|----------|--------|-----|
| 2. Nagl, Norbert | 1968 | AUT | SC Hakoah Wien | 03:11,57 | +05.69 | 700 |
| RT +0.95 50m: 00:43,63, 100m: 01:32,89 (00:49,26), 150m: 02:22,34 (00:49,45), 200m: 03:11,57 (00:49,23) | | | | | | |

Fortsetzung Bewerb 128 - 400m Freistil Herren Masters

Altersklasse 50

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|---|------|-----|----------------|----------|--|-----|
| 1. Nagl, Norbert | 1968 | AUT | SC Hakoah Wien | 05:14,91 | | 819 |
| RT +0.97 50m: 00:37,81, 100m: 01:17,74 (00:39,93), 150m: 01:57,70 (00:39,96), 200m: 02:37,46 (00:39,76) 250m: 03:16,74 (00:39,28), 300m: 03:56,32 (00:39,58), 350m: 04:35,88 (00:39,56), 400m: 05:14,91 (00:39,03) | | | | | | |

Fortsetzung Bewerb 130 - 50m Schmetterling Herren Masters

Altersklasse 50

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|------------------------|------|-----|----------------|----------|--------|-----|
| 2. Nagl, Norbert | 1968 | AUT | SC Hakoah Wien | 00:39,09 | +03.69 | 673 |
| RT +0.89 50m: 00:39,09 | | | | | | |

Fortsetzung Bewerb 132 - 100m Rücken Herren Masters

Altersklasse 50

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|---|------|-----|----------------|----------|--|-----|
| 1. Nagl, Norbert | 1968 | AUT | SC Hakoah Wien | 01:24,27 | | 726 |
| RT +0.81 50m: 00:41,87, 100m: 01:24,27 (00:42,40) | | | | | | |

Fortsetzung Bewerb 134 - 100m Lagen Herren Masters

Altersklasse 50

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|---|------|-----|----------------|----------|--------|-----|
| 2. Nagl, Norbert | 1968 | AUT | SC Hakoah Wien | 01:23,32 | +00.36 | 738 |
| RT +0.92 50m: 00:40,33, 100m: 01:23,32 (00:42,99) | | | | | | |

Fortsetzung Bewerb 136 - 1500m Freistil Herren Masters

Altersklasse 50

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|--|------|-----|----------------|----------|--|-----|
| 1. Nagl, Norbert | 1968 | AUT | SC Hakoah Wien | 20:26,05 | | 840 |
| RT +0.98 50m: 00:38,50, 100m: 01:19,71 (00:41,21), 150m: 02:00,28 (00:40,57), 200m: 02:41,08 (00:40,80) 250m: 03:21,78 (00:40,70), 300m: 04:02,58 (00:40,80), 350m: 04:43,46 (00:40,88), 400m: 05:24,62 (00:41,16) 450m: 06:05,64 (00:41,02), 500m: 06:46,80 (00:41,16), 550m: 07:27,80 (00:41,00), 600m: 08:08,78 (00:40,98) 650m: 08:49,75 (00:40,97), 700m: 09:31,03 (00:41,28), 750m: 10:12,16 (00:41,13), 800m: 10:53,23 (00:41,07) 850m: 11:34,19 (00:40,96), 900m: 12:15,11 (00:40,92), 950m: 12:56,03 (00:40,92), 1000m: 13:36,97 (00:40,94) 1050m: 14:18,02 (00:41,05), 1100m: 14:58,99 (00:40,97), 1150m: 15:40,09 (00:41,10), 1200m: 16:20,94 (00:40,85) 1250m: 17:02,10 (00:41,16), 1300m: 17:42,73 (00:40,63), 1350m: 18:23,72 (00:40,99), 1400m: 19:05,11 (00:41,39) 1450m: 19:45,78 (00:40,67), 1500m: 20:26,05 (00:40,27) | | | | | | |